

# The Journey Begins: Class Descriptions and Information

There are over fifty classes taught through Shamanscave advancing along a spiral of learning from the first level to the last.

During this next session, two of the introductory classes will be offered to new students. We are always open to adding if there is a demand, so please email us with your class interests.

Other classes are offered for those continuing students at various levels. If you are a continuing student you can find the full class schedule under the announcements section of the private class forums.

## Special Note:

*Only beginning classes listed here are currently being offered.*

If you ~~have some questions~~ about this please feel free to contact us [HERE](#) answer your question about classes.



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Dreaming - the other side of reality

If you are interested in signing up, or have any questions not answered here, please fill out the class selection/information form

Class fees and schedules:

The classes will be taught online on a private irc server (internet relay chat) and meet once per week for an hour and half each session. We'll help people get set up to use it if you have no experience with irc. All classes last for six weeks each unless noted, with a seventh meeting as an introductory class for people to get to know their way around. The Recapitulation class last for eight weeks, due to the nature of their practices; our experience with it has shown people need that amount of time to feel comfortable with the process.

Each class will be provided with its own private forum on the Cavelings Forums website for expanded discussion of class topics and communication between members and faculty. Also, a private website has been established for class members only and will have the class log and exercise material available for review after each class. Once the classes end, both websites and additional materials/exercises will remain available to you.

If you are interested in taking one of the classes please respond by filling out the class selection\information form. Further information will be provided as to how to register for both websites and make payment.

To sign up for classes [click here: class registration form](#)

## Who is Niteshad?



Now, who is this Niteshad character and why is he saying all those bizzare things? Niteshad is Gary Mills, a 56 year old oddity in the southeastern united states. The Shamanscave.com website was written entirely by him from the variety of his experience both in learning and practice in a specific tradition passed down through his family known as the makers.

He wears suspenders and has been described variously from looking like a truck driver, to Wilford Brimley, to Jed Clampett on steroids. Fortunately, online students don't have to look at him, only listen. He holds a college degree, but not too closely and a variety of other certifications, kudos and real world pieces of paper which have utterly nothing to do with shamanism or the practice of it. What he does have at this point is 46 years of experience in shamanic practice. He has translated a primarily oral and hidden tradition into modern terms and brought that

back into the world through teaching, workshops and the shamanscave website.

He is not a new age shaman, and rarely what people expect a shaman to be like, which perhaps says more about the perception of shamans than shamans themselves. His methods are quiet, subtle and yet effective. Over ten years of teaching on the internet alone have allowed him to help hundreds of people spread across a number of continents. His interest is in helping those that find their life experience and reality at odds with each other and to help them come to grips with their own talents and use them as skillfully as possible to change their own lives and the world around them.

Thanks for your interest and inquiry, hope to hear from you soon.

*Niteshad*

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